

LB & Co espresso

LB BIG BREAKFAST 21.00

Two Eggs, any style over Toasted Ciabatta with Cured Streaky Bacon, Grilled Tomato, Sausage, Mushroom and Hash.

EGGS BENEDICT

Poached Free Range Eggs sitting on a Toasted English Muffin or Gluten Free Muffin, with Spinach, finished with House-made Hollandaise Sauce, topped with your choice of:

- Cured Streaky Bacon 19.50
- Smoked Salmon and Lemon 21.00
- Button Mushroom Sautéed on Spinach with Diced Tomato 19.00

EGGS ON TOAST 11.50

Your choice free range eggs, Poached, Scrambled or Fried, on Ciabatta or Whole Grain Toast.

Add Cured Streaky Bacon 5.00 and/or Grilled Tomato 4.00.

HEALTH NUT SPECIAL 15.50

Paleo Granola with Seasonal Fruit, and Chia Seeds with Natural Yogurt.

LB TOASTED BAGELS

- Raspberry Jam and Cream Cheese 9.00
- Smoked Salmon, Parsley, Avocado Smash and Caper Cream Cheese 16.00
- Bacon, Avocado Smash, Tomato and Cream Cheese 15.50
- Smoked Chicken, Basil Pesto and Cream Cheese 15.50

OMELETTE 19.00

Choose 3 of the below fillings:

Ham, Tomato, Spinach, Smoked Salmon, Cheese, Mushroom, Onion, Cream Cheese.

CREAMY MUSHROOMS & BACON 19.50

Thinly sliced Mushrooms & Spring Onions in a Creamy Sauce, over Whole Grain Toast with Streaky Bacon.

Add a Poached Egg on top 20.50

LB PANCAKE STACK 19.00

Hot Cakes with Maple Syrup and your choice of:

- Berry Compote with Cream
- Banana and Streaky Bacon

SIDES

Smoked Salmon	6.00
Streaky Bacon	6.00
Sausages	5.00
Eggs	5.00
Hash Brown	4.50
Grilled Tomato	4.50
Mushroom	4.50
Avocado Smash	4.00
Sauteéd Spinach	4.00
Hollandaise	2.50

LUNCH AVAILABLE FROM 10:30AM

BOWL OF FRIES LARGE 9.5 SMALL 5.5

Served with Aioli and Tomato Sauce.

SALT AND PEPPER CALAMARI 16.00

Served sizzling with Aioli and a Spicy Mayo.

FALAFEL SALAD 18.00

Falafel Patties, over a salad of mesclun greens and pickled cabbage with Hummus, Tzatziki, Pita Bread, and Kalamata Olives.

REUBEN SANDWICH 18.00

Sliced Beef grilled on Toasted Rye with Sauerkraut and grilled Swiss cheese, served with Crispy Fries.

LB BEEF BURGER 18.00

Prime grilled Beef Pattie and melted Swiss cheese served with Crispy Fries.

PASTA, PRAWN FETTUCCINI 19.00

Shrimp in a Mushroom cream sauce, with parmesan shavings finished with basil pesto.

JACK FRUIT TAGINE 19.00

Rich Moroccan flavour, with, tomato, pomegranate, dates, with Tzatziki & toasted almonds. Served on a risotto of roast pumpkin, vegetable quinoa & rice.

PORK HOCK 19.00

Slow cooked and tender served on a risotto of roast pumpkin, vegetable quinoa & rice.

Any food requirements (GF, DF, V, Vege, Nut Allergies), please let our wait staff know.

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ALL PRESS COFFEE

Short Black		3.70
Long Black		4.00
Short Macchiato		3.90
Long Macchiato		4.20
Americano		4.20
Piccolo		4.20
Flat White	R 4.50	L 5.00
Latte	R 4.50	L 5.00
Cappuccino	R 4.50	L 5.00
Mochaccino	R 4.70	L 5.20
Chai Latte	R 4.50	L 5.00
Vienna		5.00
Affogato		6.00
Iced Latte		5.50

SHOTS / EXTRAS

Coffee	3 Shots 0.50	4 Shots 1.00
Vanilla		0.80
Hazelnut		0.80
Caramel		0.80
Decafe		0.80

PLANT MILK

Soy, Almond, Coconut, Oat	1.00
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TEA'S 4.60/8.00

English Breakfast
Earl Grey
Berrylicious
Lemon Sorbet
Peppermint
Sencha
Lime

HOT DRINKS

Hot Blackcurrant		4.20
Hot Lemon & Honey		4.20
Hot Chocolate	R 4.50	L 5.00

ICED DRINKS 7.50

Iced Chocolate
Iced Coffee
Iced Mocha

SMOOTHIES

Banana Smoothie: 8.00
Banana, Milk, Yogurt.
[Vegan Option + 1.50] [Protein Peanut Butter+ 1.50]

Berry Smoothie: 8.00
Mixed Berries, Yogurt and Apple Juice

Tropical Smoothie: 8.00
Mango, Passionfruit, Coconut Cream and Apple Juice.

Sporty Start: 10.00
Chai Seeds, Banana, Mixed Berries, Flax Seed Oil, Honey, Avocado, Whey Protein Powder.

MILKSHAKES 7.00

<i>Real Ice Cream + Milk</i>
Caramel, Chocolate, Banana
Vanilla, Creaming Soda
Spearmint, Strawberry

COLD DRINKS

Apple Orange & Mango	4.80
Apple & Feijoa	4.80
Apple & Cranberry	4.80
Apple & Peach	4.80
Apple & Guava	4.80
Apple & Blackcurrant	4.80
Keri Premium Orange Juice in Glass	4.00
Apple Juice in Glass	4.00
Coke Classic	4.80
Coke No Sugar	4.80
Lemon & Paeroa	4.80
Bundaberg Ginger Beer	4.80
Lemon Lime and Bitters	4.80
Sparkling Water	6.00